



ELF Book 8 Unit Test (Unit 5)

Date:

Class:

Student Name:

1. Choose the right word for the blank.



They have

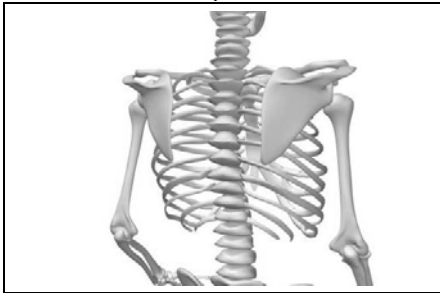
hobbies.

① similar

② different

③ wrong

2. Look at the picture, and write the missing letters from the box.



l a m e n o p

⇒ b □ □ □ s

3. Choose the word(s) with the same meaning as the underlined word.

I feel weak and tired when I am sick.

① not sleepy

② not happy

③ not cold

④ not strong

4. Choose the one that is NOT right.

She bought some bread for make sandwiches.

①

②

③

④

5. Find the one which is different "to-verb" from others.

① Ted eats lots of meat to get energy.

② I want to drink something cold.

③ I went to restaurant to have dinner.

④ Ellen studied hard to get a good grade.

[6~7] Read and choose the best answer.

We can take vitamins, just like medicine. But this is not the best way. Fruits and vegetables have many vitamins. We should get different kinds of vitamins from our food.

Vitamin A is in many kinds of food. You can get vitamin A from tomatoes, carrots, and many other fruits and vegetables.

We can eat potatoes, brown rice, eggs, and oatmeal to get vitamin B1. All of these foods have lots of vitamin B1.

What fruits have the most vitamins? Kiwi fruit and bananas. They have a lot of vitamins C and E and other different vitamins, too.

6. Match each vitamin to the foods.

(1) Vitamin A

■

■



(2) Vitamin B1

■

■



(3) Vitamin C

■

■



7. Read and check T(true) of F(false).

(1) We should eat fruits and vegetables to get vitamins.

☐ T ☐ F

(2) Tomatoes have the most vitamins.

☐ F ☐ T

[8~10] Read and answer each question.

We need vitamins to stay healthy. There are different kinds of vitamins.

Vitamin A helps our eyes, our skin, and our bones. It's a very important vitamin.

Our bodies need energy to live. People feel weak and tired without vitamin B1.

Vitamins C and E are good for our health. We eat them to feel better when we are sick. Vitamin C is good when you have a cold.

8. Choose the right one for the blank.

We need vitamins because we can be _____.

① healthy

② tired

③ important

④ different

9. What is the main idea of the reading?

① Role of vitamins

② The most important vitamin

③ How to take vitamins

④ History of vitamins

10. Which vitamin is good for me? Match each person to the vitamin.

(1)

I feel cold and sick.

▪

▪

Vitamin A

(2)

I feel tired everyday.

I am always sleepy.

▪

▪

Vitamin B

(3)

I like running.

I want to have strong bones.

▪

▪

Vitamin C